

Welcome to our monthly Activities and Events newsletter,
bringing you the latest Age UK Norfolk events and Age
Friendly activities from organisations across Norfolk.

Where Age UK Norfolk will be this month...



Our upcoming events are:

- Tuesday 8th April, 10.30am - 1pm - Thetford Library, Information and Advice drop-in
- Tuesday 22nd April, 10.30am - Wherry Reach, Information and Advice sessions
- Tuesday 29th April, 9am - 12pm - venue TBC, West Norfolk Help Hub networking event

For the full list of where Age UK Norfolk will be this month and next, visit our [Activities and Events page](#).

Age Friendly Activities and Events in Norfolk...



Our team have put together a [handy list](#) (click the link and scroll to the bottom of the page) which you can view online, download for later, or print out to keep.

Some activities and events which might interest you...

- Thursday 10th April, 2pm - Attleborough Town Hall, Breckland Creative Social
- Wednesday 16th April, 1pm - Great Yarmouth Marina main entrance, Wellbeing Walk
- Monday 28th April, 10am - 12.50pm - Kings Lynn Corn Exchange Cinema, Senior Citizens Film Club

Do you have an Age Friendly activity or event to list?

Contact our team today at fundraising@ageuknorfolk.org.uk

We're here to help!



Alongside our Age Friendly Activities and Events listings we have a number of support services, including our Information and Advice Help Line, Welfare Benefits Service, Befriending, and more!

For more information, contact our team:

T [03005001217](tel:03005001217)

E advice@ageuknorfolk.org.uk

W www.ageuknorfolk.org.uk

Sign up to our newsletter



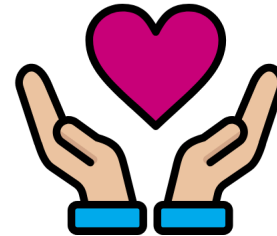
Sign up to our engAge newsletter for wider Age UK Norfolk news and updates.

Volunteer with us



Help make Norfolk a great place to grow older as an **Age UK Norfolk volunteer**.

Make a donation



Donate and help us to continue being here for those with nowhere else to turn.

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